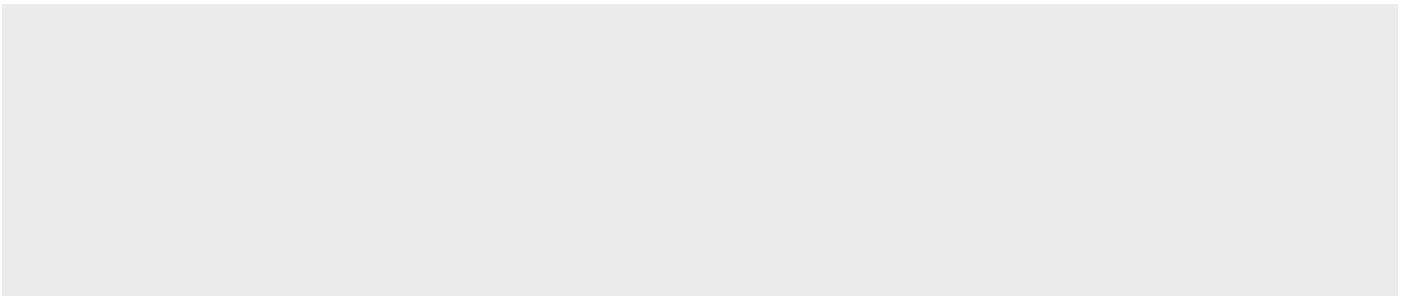
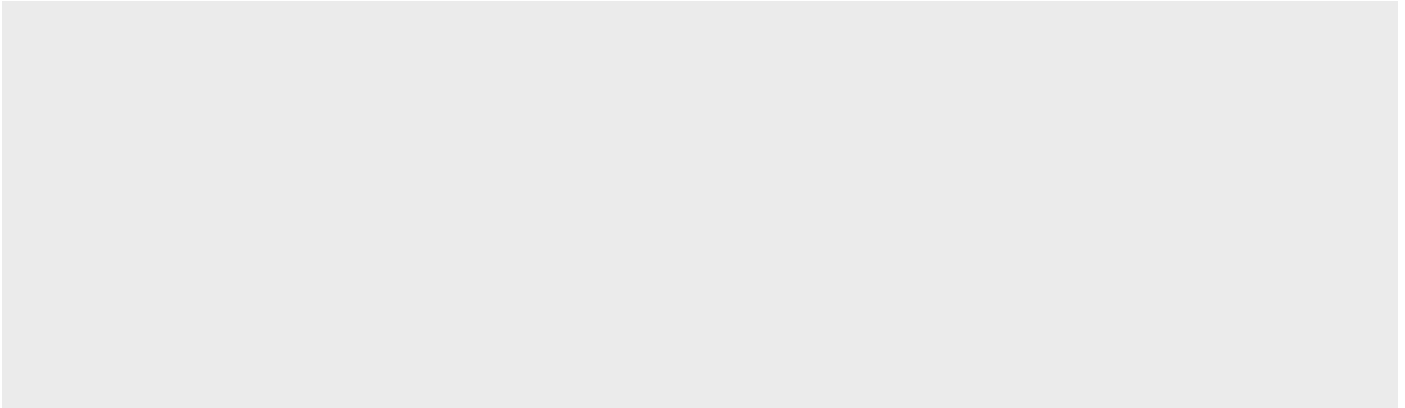


GOAL PLANNING WORKSHEET

MY MAIN GOAL:



WHAT IT TAKES TO REACH IT:



DAILY HABITS I CAN CREATE:

